

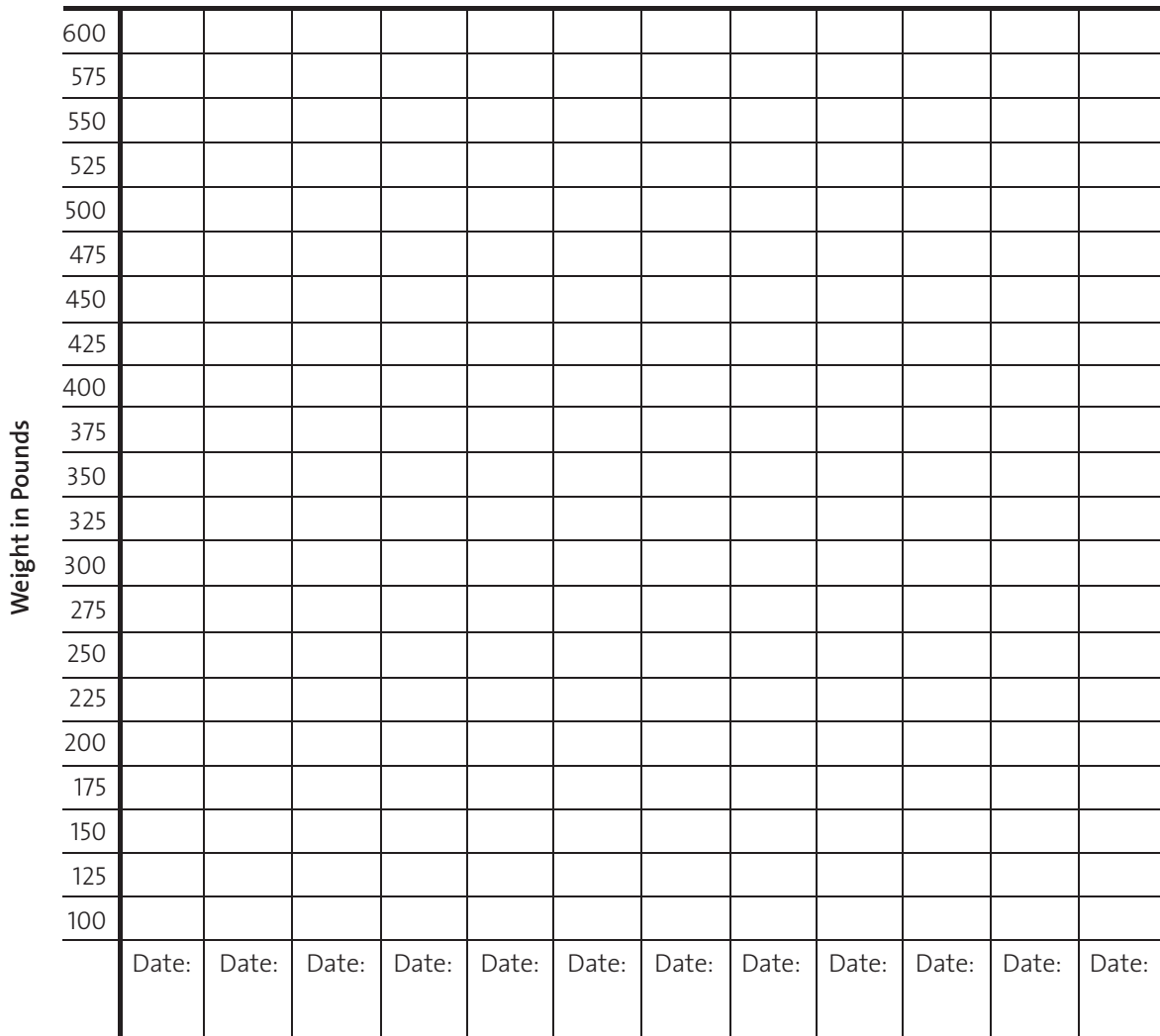
My Weight at My Bariatric Appointments



Write in the date.

Plot a point for your weight above the date.

Connect the points to create a line graph to show your progress.



My surgery date is: _____